

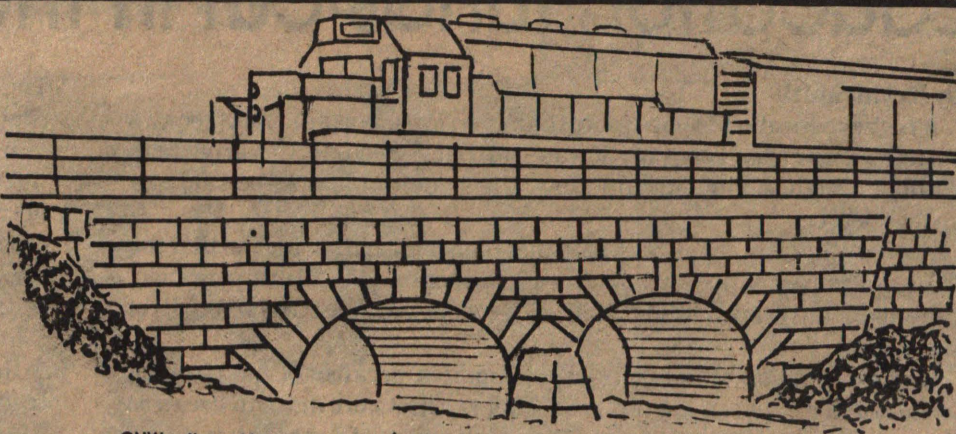
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The Bridge

West Chicago Community High School
326 Joliet St. West Chicago, IL 60185
Volume 16 Number 11
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CNW railroad bridge over DuPage river, Winfield IL

Simple facts about the AIDS virus

by Sharon Volenec

Put yourself in this position: you have just found out that you have AIDS, or that your friend has it.

How would you feel? Do you know what the disease is? Will you be allowed to attend school, or for that matter do you even want to go to school?

The word AIDS is an acronym for Acquired Immune Deficiency Syndrome. This is a disease that has an incubation period from months to years after the AIDS virus has set in. This virus infects and damages cells of the immune system, it can also infect cells of the central nervous system, causing mental and emotional disorders. The average victim dies within one year, but some people have been known to suffer from the disease for up to three years after being infected.

Many people with the AIDS virus show no serious symptoms although they do have them. According to the Illinois Department of Public Health, most symptoms usually are present in a person's day-to-day life. Some symptoms that a person should look for if (s)he is worried about having contracted AIDS are:

1. A low grade persistent fever, night sweats, dry coughs (usually related to colds or smoking).

2. A shortness of breath with minor exertion.
3. A loss of weight which is not related to dieting or an increase in activity.
4. Blurred vision combined with headaches.
5. Creamy white patches on the tongue.
4. Cuts and infections that take a long period of time to heal.

But how is the disease transmitted? The Illinois State Board of Education and the Illinois Department of Public Health have concluded that a person can get AIDS in one or more of the following ways:

1. Receiving transfusions of blood or blood products.
2. Sharing needles of people who inject drugs intravenously.
3. Bearing a child when the mother has AIDS.
4. Having any sexual contact with a person with AIDS or an AIDS related complex.

Although AIDS can be transmitted in many ways, it is not completely contagious. According to the US Center for Disease Control, AIDS is not transmitted by casual contact such as holding a child, shaking hands, or working with someone. Neither is it transmitted by objects used by people such as toilets, doorknobs, pencils, chairs, and cups.

Furthermore, it is not transmitted through the air by coughing and sneezing or through saliva and tears.

A poll was taken at West Chicago High School to determine what students knew and felt about AIDS. Out of 50 students, 66 percent knew the basic information about AIDS, while 34 percent knew nothing.

Richard Kamm, Superintendent of WCCHS, said that he would like to educate the students better on the disease AIDS. He also said that **The Bridge** would be a good source to give the students general information about the virus.

When questioned if a student infected with AIDS would attend school, 75 percent of the students polled replied that they would continue to attend school.

When Kamm was asked about the school board policy on AIDS, he replied that nearly every case of AIDS would turn out in the student being allowed to attend school.

The last question of the AIDS poll asked the students if they would have any contact with a person who had AIDS. Sixty-five percent said that they would have contact with the person while 35 percent would not.

AIDS has been defined as the "deadly disease." Although there is no way to cure it as of yet, the US Center for Disease Control has stated that there should be a cure in at least the next ten years.

Survey says problems are much harder today

WASHINGTON (SPS) — A recent national survey, conducted by Louis Harris & Associates for Group W-Westhouse Broadcasting, found that a majority of American adults feel that parents, schools and the governments have failed to aid and discipline children. And as a result, 75% of those surveyed said that the problems facing youth today are much worse than when they were teenagers.

Of the problems affecting youth, drug abuse was identified as the most serious. However, only 31 percent of those surveyed believe that most teenagers use drugs regularly, while 43 percent believe that most teenagers use alcohol.

Other recognized problems were hunger, (40 percent surveyed said hunger is on the rise among children), child abuse, divorce and parental neglect.

The survey singled out the federal gov-

ernment — of all national institutions that affect youth — as having the worst overall record. Only 28 percent surveyed felt that the government has met its responsibility to children. This was the worst rating of the government on a major social issue in thirty years, according to Harris Associates. Parents and nonparents agreed, when surveyed, to pay additional

'If children are our most valuable resource we had better wake up.'

taxes for youth programs. Eighty-six percent would pay more taxes for programs to find missing children; 83 percent for drug programs; 76 percent for public schools; 73 for day care programs; and 70 percent for park and recreational programs. Quite

surprisingly, of those surveyed, 70 percent approved of the government's providing birth control services to teenagers.

Ninety-three percent of all adults surveyed believe that parents must spend more time with their children. A majority stated that parents should strictly discipline their children. In addition, 67 percent felt that strict discipline should occur in schools nationwide and that students who perform unsatisfactorily should be left back a grade.

Supporting the results of this poll, Mary Hatwood Futrell, National Education Association president, said, "If our children are our greatest resource, then we had better wake up."

The research was commissioned by Group W, a media subsidiary of Westhouse Electric Corporation, as part of For Kid's Sake, a television station designed to raise public awareness on issues affecting the quality of life of young people today.

Army gives awards

by Laura McPheters

The National Scholar/Athlete Award Program recognizes high school students nationwide who demonstrate achievement in both academics and athletics.

Any student who has exhibited outstanding achievement in a varsity or comparable sport, while maintaining superior academic grades (at least a B average), is eligible.

The high school administration selects the winners, one male and one female. The awards will be presented at an assembly near the end of the year by an army representative.

The U.S. Reserve presents the National Scholar/Athlete Award Program because they feel excellence in both academics and athletics deserves recognition.

Locker assignments reconsidered

by Dana Netzel

Has it occurred to you that your locker was assigned and that you were near new friends, old friends or maybe people you don't know or like? Well, you're still there, but if you're an underclass person you might have the chance to have your locker where you want next year.

Lockers were assigned for one reason and that was to cut vandalism. By having lockers assigned it would break up groups. By assigning lockers Dr. Alan Jones, principal, could get the attention of students and help them to be aware of the problem.

Having the lockers assigned has worked

in other aspects too. "The halls seem to be quieter and there is no notice of groups," said Jones. Vandalism is not as bad anymore and that was the goal of assigned lockers.

Will they be issued again next year? It really depends, but if vandalism stays down, then they won't. If it goes up, more solutions will be discussed and what might happen will be to mix the halls. Right now Jones is pleased with the way assigned lockers has cut down vandalism.

Lockers being assigned has advantages and disadvantages, but all for a certain purpose, to cut vandalism. If it continues to work lockers won't need to be assigned, according to Jones.

Inkspots

Bridge wows the ASPA

by Ed Coronei

The Bridge has been awarded a first place award by the American Scholastic Press Association (ASPA) for the fourth time in the past five years.

According to the judge of ASPA, **The Bridge** has a "clean, crisp style that is found in scholastic newspapers that have a staff, editor, and faculty adviser who understand each other and work hard on the fundamentals of reporting and production."

The judge concludes that the staff should be commended for this publication, and gives advice for the future staff and editors.

Summer school becomes longer this year

by Mike Michalak

Thinking about summer school? Maybe think again.

A new law in Illinois says in order to pass a class of summer school, the hours must be equal to those spent in a regular class. Summer school regularly took 120 hours, it must go about 166 hours.

This law was passed by Illinois State Legislative and was signed by Governor Jim Thompson. It takes affect in the 1987 summer school courses.

It will affect Wego students in five ways. First because of the hour requirements, it will go about six hours a day. School will begin at 8:30 a.m. and run until 11:30 a.m. There will be half an hour given for lunch. Then from 12 to 3 p.m. The morning and afternoon session will each have a 15 minute break period. With the full day the cafeteria will be open only to eat lunches. It will not serve them.

Summer school will run from June 22, 1987 for 30 days. Driver Education will begin June 15, 1987.

Tuition will now be \$62 per one half unit of credit over previous costs of \$45.

The administration will try to establish a class average of 22 students, which was previously 20. They will also employ one para-pro for supervision.

We-go sings on to victory

by Kathy Murnane

The state solo and ensemble contest was held here April 25. Heading into the state contest West Chicago was ranked first among the class A schools. In March, Wheaton North hosted the organizational contest which West Chicago came in first at. At the state contest there was a record of 40 first places including instrumental and the 31 vocals. The following groups had perfect scores: Noffsinger Female Ensemble, Gallagher Madrigals, and The Armour Male Ensemble.

Education funds cut in the name of reform

by Kevin Smith

A higher education is now, more than ever, an important tool of today's society. Ten or more years ago, it was said that you couldn't get anywhere without a high school diploma. Now, the same can almost be said of a college degree.

Not only that, but it has been said that higher education means that the US. has a better chance of competing with other nations. Thirty years ago, America could get by without college. We were the industrial strength of the world.

But the industry was taken out of America because of the planned obsolescence of American products (that is, they were made to break so that you'd have to buy a new one), the high wages of American workers (driving up costs) and less expensive foreign competition.

Now that America has been knocked out of industry, we are a nation in transition. We're changing from manufacturing to high-tech and service.

At this point however, American high-tech, isn't all that high-tech. The key to fixing this problem lies in education reform.

There is a lot of talk nowadays about the Japanese and how their school system is supposed to be so much better than ours. The truth is, the Japanese themselves admit that their system does not foster creativity.

What needs to be done is a new emphasis on educating America. Literacy and competency levels have to increase dramatically in the next few years if America is going to be able to compete with other countries.

The only way that this can happen is if the government steps in and makes education a top priority. It would seem that it is.

In a speech on January 20, 1987, President Ronald Reagan said, "Preparing for the future must begin, as always, with our children. We need to set for them new and more rigorous goals. We must demand more of ourselves and our children by raising the literacy levels dramatically by the year 2000."

It sounds good. We have a friend for education in high places, Or do we? In January of 1987, Reagan submitted his budget proposal to Congress. In the area of education, the current \$19.5 billion budget would be slashed by \$5.5 billion.

At the heart of these cuts is higher education edge. You remember, the "competitive edge." One billion dollars in grants; cut. Interest subsidies on government loans; cut. Another \$1 billion in programs; cut. Get the picture?

How can an education system that is admittedly in need of more funds be cut so dramatically? How could Reagan justify that a self-admitted investment in the future be scrapped?

The editors and staff of **The Bridge** feel there is no justification for these actions. We feel that Reagan should make good on the promises he has made and keep true to his oath of office. It cuts need to be made in the budget, we feel that they should come out of the ballooning amounts of money, going to feed defense spending.

Council lending a voice and spirit to students

by Mike Michalak



What is Student Council? What is their purpose? What do they do? Fifty percent of the students at West Chicago asked, didn't know. Senior George Prewitt said "I don't know exactly what they do but to me it doesn't seem like they do much." A lot of people replied that they didn't know and didn't care. This according to Joel Main, student council president, is what hurts student council. "It's a two way street. We need input from them to help them. For us to function better we need their help."

What does Student Council do? Student Council Vice President, Julie Tamkus said, "It's like a bridge between the students and administration. It helps convey the problems or ideas of students to the administration."

"It's a voice," said Mains. They also have fund raisers or sponsored activities. An

example could be dances or the event nights.

Remember all these people you voted for last spring or fall? This was our student council. Each class has a president, vice president, secretary, and treasurer, along with six representatives. Current officers are, Joel Mains, President, Julie Tamkus, Vice President, Doug Dirr, Secretary, and Dara Haverty, Treasurer. These four people meet usually every two weeks. Each person chooses a committee to be in. At each meeting they discuss their general topics and topics pertaining to their committee. At the meetings student problems or complaints are discussed. The Problems committee will then meet with an administrator to get an answer or some solution to the problem. Student Council also plans many events.

How do you as a student voice a problem? The best way according to Mains is to write a letter and put it in the Student Council Suggestion Box. It is located in the

LRC by the drinking fountains. These are collected and read before the Student Council at the meeting. From here appropriate action is taken. Another way may be to talk to a class. They can then bring it up at the meeting. If you have a complaint, opinion, or an issue it will be discussed the next meeting. Student Council needs your help too. They need you to tell them what you like or dislike. They need the student body's feedback. They try to represent the students. They need your views and feelings to do this.

How do the students feel about this year's Student Council? Congratulations Student Council, a lot of people are very pleased with you. Sophomore, Kristell Huber says, "I think they've been real active this year. They've really been trying to get the school spirit up, like the event nights and the different activities. I think it's important for the students to be involved." When asked the same question, Senior Kyle Baldwin said "They're doing a

lot more than the other four years, with the announcements and school spirit. It's a big improvement over the previous years." On the other hand some students feel that certain student council members join for the social aspect. This hurts its purpose. One thing students agreed on is that student council lacks power. The administration may listen but doesn't seem to do much. Senior Debbie Pegel said, "Seems like they talk and plan more than they do. They have a lot of good ideas but the administration never seems to listen to them."

Of the students asked, all felt it would be better if Student Council would post a bulletin or announcement. It would tell what they have planned for the future and what took place at the last meeting. This would be helpful to keep the students informed. Hopefully some of you will take these facts into consideration when voting for next year's Student Council.

Non-smokers' hack

by Michelle Douglas and Ed Coronel

Entering the frequently visited bathroom you experience an "encounter of the first kind." No — not the type of visit from aliens from another planet or country, but an encounter with "teen smokers."

Smokers have the right to destroy their lives, but why should our lives be affected by these individuals who insist on blackening their lungs?

Everyday we are subjected to an endless barrage of smokers found everywhere, in our busses, washrooms, and maybe if you are "lucky" — in your locker. We have chosen to spare our lives and stay healthy — what do we get for it? Smoke blown in our faces.

Did we ask for it? Just because you smokers enjoy the thought of your lungs dripping with tar and other death causing chemicals, we have to learn to deal with the smoke. We have worn gas masks, opened windows, used portable fans, and ranted and raved. But enough is enough! The time has come for smokers to consider other people's feelings and views. Even with all the effects of smoking, like cancer, low birthweight, and heart disease, they are still standing there on the corner, across the street, every morning, trying to look "cool".

If you think they are "cool" now, you should pay a visit to them in 20 years when they are dying of emphysema and crusts of cancer lay deeply embedded in their lungs.

We cannot even get away from a field of



smoke in our school. We are sure that everyone in school has experienced an "encounter of the first kind" with these smokers. You walk into the washroom, and you are unwilling forced out coughing and gagging.

What makes people take up this disgusting habit? Peer pressure? Maybe that is why someone would start, but why would they continue? I do not see the glamour in smoking at all. What is the big deal about inhaling all that smoke? It is the same thing as standing over a fire of leaves. Would you do that? Probably not but smoke is smoke.

Call slip for the better

by Jim Krumin



Picture this, you're sitting in class and you get a call slip to the office. You get out of class and you walk down to the office wondering what you did wrong.

You get there ready for some detentions but they tell you that you have been chosen student of the month. How would you feel. Happy? Shocked? Scared?

Well Melissa Goodman, former Student of the Month, said she was excited and honored to be recognized for what she had accomplished. Karen Swan, student of the month for November, replied that it felt weird to have gotten the call slip to the dean, but then felt relieved that she wasn't in trouble. Debra Pegel, January Student of the Month, felt surprised to have received this award.

Pegel said that teachers give you a little more respect. She feels that having a student of the month is a good idea to encourage students to do better. Now Swan feels the same way about it being a good idea and finally students are being recognized for academic achievements. Working with Bilingual students and being in the Math Club, got Swan her award. Goodman said, "People are being noticed for what they have done for the benefits of others." Being in FBLA and organizing Career Day along with good grades got her this award.

Once you are Student of the Month you receive a certificate that states that you

are the student of the month, a letter that explains why you were picked by Principal Alan Jones, and get your picture taken and get an article in the West Chicago Press printed about you.

Each Student of the Month felt it was a nice award but also felt that there should be one for each month, not just a couple and then skip a month or two. Also when you apply to colleges it looks nice to have been West Chicago's Student of the Month.

Many other students feel that the award is something nice to have but how come there has only been seniors that are getting the award? The seniors have been at the school the longest and deserve it more but if there is a junior who has done a lot for the school then he should get the award too.

The Bridge

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Georgia Satellites reach platinum

by Jim Recchia

"Don't hand me no lines and keep your hands to yourself."

This is the sentence that propelled the Georgia Satellites with a number two hit and helped their debut album reach platinum. The album, *Georgia Satellites*, is one of the best hard-rocking albums to come out this year.

The album, which peaked at number five on Billboard Magazine's Hot 100, starts out with the smash hit "Keep Your Hands to Yourself." That is followed by an upbeat tune, "Railroad Steel." The third song is their now old song, "Battleship Chains." This could very well be the best song on the album, but due to its hard rock style and radio station pop-oriented format, it did poorly on Billboard. The first side concludes with "Red Light," a song about a crazy driver blowing off red lights and jumping bridges, and "Myth of Love" which continues the hard rocking style to side two.

Side two starts off with what could be their next single, "Can't Stand the Pain", another fast rocking song, also "Over and Over," and a Rod Stewart remake of "Every Picture Tells a Story." The Satellites showed they are not one dimensional by singing a slow ballad type song, "Golden Light."

The success of the album depends on how the singles perform on the charts. It has already sold more than one million copies, but for an album as good as this, it should sell more. The album is definitely worth buying, especially if your tastes are in hard rock, but I recommend it to any rock listener. The Georgia Satellites are currently on tour with REO Speedwagon and this summer they will tour with Tom Petty.



Georgia Satellites band members from left to right: Dan Baird, Rick Richards, Rick Price, and Mauro Magellan.

Making plans for prom

by Julie Pollastrini

Prom is just around the corner, the time when wallets become increasingly thin and inflation begins to take its toll.

With prom comes many decisions: what to wear, who to ask, and possibly the most difficult but crucial question, what to do the next day. You'll begin to take private polls. You'll ask your friends what they're doing and casually agree, "Yeah, that sounds like a good idea."

There are a lot of things to do, but it's hard to come up with the perfect idea. In the past most people have gone to the Dunes or Great America. Lisa Smith and Michelle Blough didn't though. Smith and her date went to the Mississippi Palasades. Blough and her date went to a Cubs game. Both said they had a great time without spending a small fortune. Smith's day cost around \$20 and Blough's day cost about \$30.

If you choose to go to the Dunes or Great America, consider doing a little extra to liven up your schedule. You could surprise your girlfriend by taking her out to breakfast. Dawn Glomp and her date went out for breakfast then spent the day at Great America. So you're not a morning person? Chrissy Anderson and her date went to Cascade after their day at Great America.

Cost can be a prime factor in your decision. Just look around and think about your choices. Don't simply follow the crowd. If you went to the Dunes last year try a different place this year. You may even have a better time than you did last year because you took time to weigh your options.

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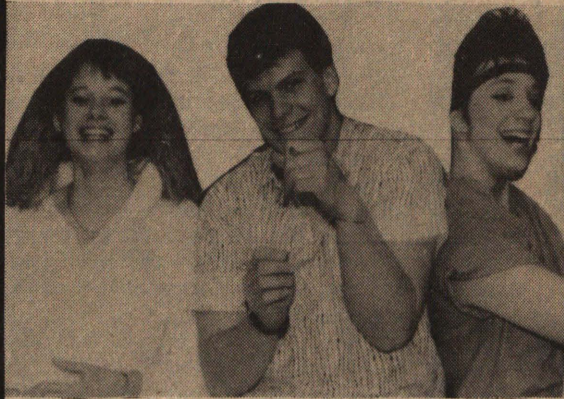
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What did Indiana Jones find floating in his soup?
Juniors: Tammy Rude - "an eyeball," Kory Delara - "a ball of ear wax." Teresa Berry - "a dust bunny."



What did Mike Douglas drive down the streets of New York at the end of "Romancing the Stone"?
Seniors: Ben Anderson - "a boat," Mike Michalak - "a Rolls Royce," Dave Glomp - "a yacht."



Who was Yoda?
Freshman: Mike Tampkus - "A little jedi guy," Gregg Lemco - "little munchkins," Lisa Reggert - "A little green guy."



What little creatures are cute, cuddly and full of mischief?
Sophomores: Michelle Perry - "gremlins," Michele Lubinski - "dog," Sheila McMullen - "gremlins."

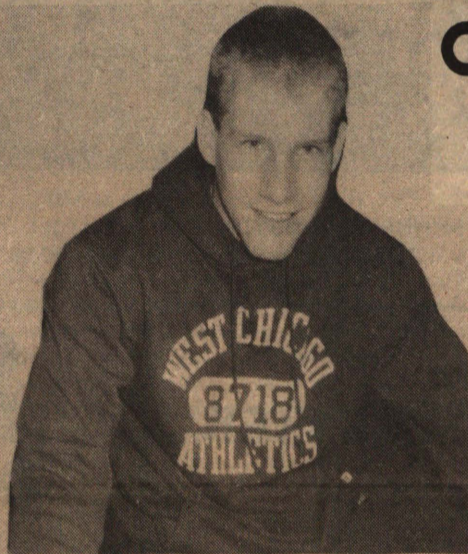


1. According to Ripley's Believe It or Not, what did the most unusual highway sign say?
Shannon Casey, Sophomore, Ken Spielman, Junior, and Sara Sanchez, Sophomore (final answer)-"Beware of giant grasshoppers because in the South there are giant grasshoppers that come out in the spring and night time and they eat you alive."
Answer: Slow, rattlesnake crossing. This sign was found in Pleasant Grove, Minnesota in 1939.



2. According to Ripley's Believe It or Not, what was the most unusual trick done by a pet poodle?
Juniors: Diane Neuhoff - "One poodle stands on another and juggles." Tammy Guzlas - "Spitting fire."
Tammy Guzlas-"Spitting fire."
Answer: The most unusual trick was done by a poodle owned by the highest judicial officer in England, Lord Erskine. The poodle would sit for hours with it's paws upon a law book, wearing a jurist's wig.

Ripley's Believe It or Not!



by Kim Mauk



3. In what Ripley's Believe It or Not calls the "strangest courtroom in all history," how did the judge preside for 19 years?
Senior: Ed Wiens-"yoga"
Answer: The judge stood on his head from 1852-1871 because he suffered from inverted vision. (This was in Imphal, India.)

4. According to Ripley's Believe It or Not, what is one thing that Six Indian playing cards were made from?
Freshmen: Jeff Krawazykowski-"plastic." Mike Kuhn-"wood."
Answer: The skin of dried fish.



Science teachers: How much water flows over Niagra Falls in one second?

Joseph Ditchtl — "156000 cubic feet." Karl Coyner — "500000 cubic feet." Alan Fickau — "2000000 gallons."

Answer: 200,000 cubic feet.



5. Jane is an average housewife who lives in an average household. She has not less than the average amount of children but not more than the average amount of children. The number of cans she uses is more than 0 but not more than the amount of cans the average housewife uses. How many cans does Jane, the average housewife, open per year?
Math teacher Douglas Truckenburg: - "The average amount of cans opened per year."
Answer: There is a numeric answer. Since all of the information in the problem was really useless, the question was how many cans does the average housewife open. The answer is 788.



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Teo
Triv
Tes

by Beck

What is
English tea
Fagerland
nautical."
Answer: A flo

Photo trivia challenge



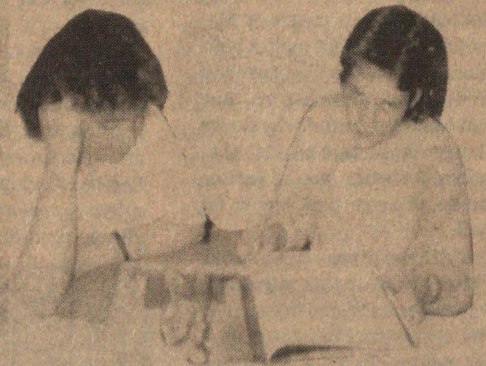
In *House of the Rising Sun* by the Animals, where was the house called the "Rising Sun" located?
Freshmen: John Barstad-"California", Dave Winieck-"Alaska"
Answer: "There is a house in NEW ORLEANS they call the Rising Sun ..."



What category of rock music were The Monkees considered to be?
Juniors: Renee Settle and Amy Rudin-"pop"
Answer: Bubble-gum pop rock.



In *Bad, Bad Leroy Brown* by Jim Croce, what two cars did Leroy drive?
Senior: Steve McCormick-"A Chevy and an Oldsmobile-no-a Ford."
Answer: "He got a CUSTOM CONTINENTAL, and an ELDORADO too ..."



According to the Rolling Stone, what did Elvis "major in" during high school?
Juniors: Sue Schillaci and Mindy Bert-"hairstyling or body movements 101."
Answer: Shop

Rock 'n Roll Trivia

by Kim Mauk



When Wolfman Jack was working just over the border of Del Rio, Texas, what other kind of job did he have other than being a D.J.?
Sophomores: Mary Gonzales-"He was a singer", Katie Donovan-"He was a deep sea fisher.", Bette Purnell-"He was a champion bowler or a ballet dancer."
Answer: He sold snake oil.



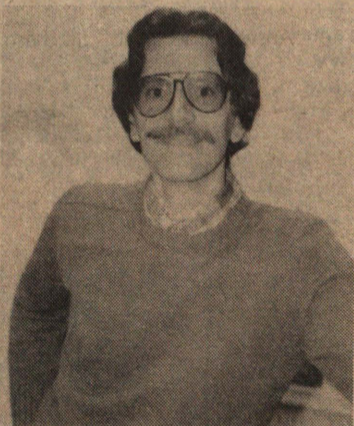
What song reached number one on February 1, 1964?
Kristell Huber, Sophomore, George Prewitt, Senior-I
Want to Hold Your Hand.
Answer: I Want to Hold Your Hand.



Who was Motown's first female group?
Seniors: Kim Giller, Lisa Winterhalder - "the Supremes", and Juli Tamkus - "Diana Ross and the Supremes."
Answer: The Marvelettes

Teacher Trivia Test

by Becky Ahlstrom



Who introduced ice cream to the U.S.? History teachers: Terry Zimmermann-"Santa Claus (ha, ha)."
Answer: Thomas Jefferson (He gained the recipe from France).



What is a floe?
English teacher: Ann Fagerland-"Something nautical."
Answer: A floating sheet of ice.



What was the first US consumer product sold in the USSR?
Consumer Ed. Patricia Shackmann, "computers".
Answer: Pepsi-Cola

Go ahead, test yourself

by Kim Mauk

- Does the record industry award a gold, silver, or platinum record for selling two million albums?
- How many teeth are on the tongue of the sea snail called the periwinkle: 70, 2,500 or 4,000?
- Which sports ball is called a pelota: cricket, foosball, or jai alai?
- Which U.S. President had the same name as the theatre in which Lincoln was shot: Madison, Monroe, or Ford?
- Was the coldest temperature ever recorded -105, -127, or -145 degrees Fahrenheit?
- Was the hottest temperature ever recorded 136, 156, or 176 degrees Fahrenheit?
- Were the first Winter Olympics first held in 1900, 1908, or 1924?
- What comic strip bombed as a Broadway play in 1983: Family Circus, Blondie, or Doonesbury?

- True or false: The NFL was founded in 1922, more than 25 years before the NBA.
 - Which month of the year is also a word meaning "majestic": March, August, or November?
 - Does one out of every 20, 80, or 200 people have an extra rib?
 - If you begin with a penny on January 1 and double it every day through January 31, how many million dollars will you have: 2, 10, or 24?
 - How many islands make up Denmark: 150, 300, or 500?
 - What is the speed record for a racing car: 214, 274, or 334 miles per hour?
 - Which ancient people invented algebra and geometry: the Egyptians, Chinese, or Greeks?
- Answers: 1. platinum 2. 4,000 3. jai alai 4. Ford 5. -127 degrees Fahrenheit 6. 136 degrees Fahrenheit 7. 1924 8. Doonesbury 9. true 10. August 11. 20 12. 10 13. 500 14. 334 15. Greeks

Are you true blue?

by Rhonda Dispensa

... Blue or yellow or red? Different hues can influence your moods, reveal your personality, and even help you study better.

When freshman Collette Dispensa has to give an oral report, she'll most likely wear a turquoise outfit. "Turquoise makes me feel self-assured. I like to wear this color because people tell me that I look good in that color and it makes me look thinner. When people compliment you on a color that looks good on you, you are more likely to feel self-assured and enjoy wearing that color. I guess that's why I like the color turquoise so much," says Dispensa.

Why is Prince princely in purple or Madonna a goner for black? What makes your boyfriend choose his beat-up blue baseball cap day after day while his crisp red one gathers dust in his closet? And why do we save certain outfits for certain moods - that little red number for when you're feeling sexy, for example, or a pale pink blouse for mellow days?

Experts say it's because color has a subtle chemical effect on the brain that influences attitude and behavior. Psychologist Alexander Schauss, of the American Institute of Biosocial Research, in Tacoma, Washington, has found that rooms painted light "bubble-gum" pink calm delinquents, and particular shades of orange - the ones in fast-food restaurants for example - stimulate the appetite (think about that before you order an extra bag of fries!) Specific colors can also encourage students to study, factory workers to work harder, and patients to pick up.

But that's not all: Color can work its magic on your moods too, just like music. Color inspires feelings and expresses even the subtlest emotion.

What does your favorite color say about you? Below are some general indicators:

Blue is for the romantic; in fact, you're true blue to the one you love. Those who like light blue tend to be sincere and affectionate; darker blues, more practical.

Brown - lovers are dependable, down-to-earth, sincere, and generally don't take too many risks.

Green You love the outdoors. Since you're open and honest, people are naturally drawn to you.

Orange and Red are the natural choices of the natural leader. Much like your preferred colors, you radiate brightness and energy.

Pink people are known for being warm

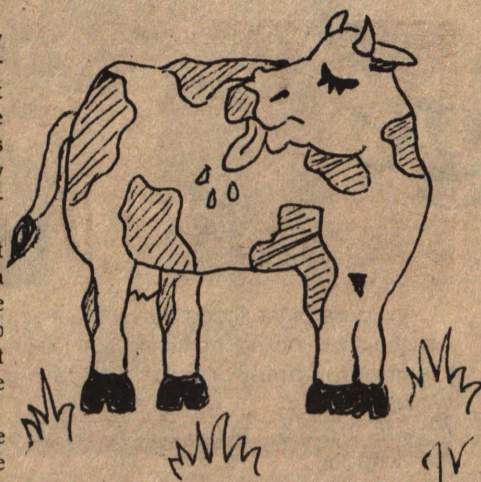
Self improvement is a big racket

by Andy Beherns

It's a scientific breakthrough! The new cure for baldness is to have a cow lick your head, if you're one to believe the latest claims in *The National Enquirer*. The *Enquirer* might not have the greatest cures in the world of modern medicine, but they sure could rank high with the most outrageous self-improvement ads.

The product that people appear most attracted to are the ones that promise a rapid weight loss. These are usually a waste of money because it can be unhealthy to drop pounds quickly and the weight might come back as soon as you stop taking the product.

This is not to say that ads for these products are bad, for nothing could be further from the truth. Any magazine worth reading, in some opinion, have before and after pictures of 800 pound women named Bertha or Lulubell. The weight loss program might be more successful if the dieter simply pasted the picture of one of these



bathing beauties on their refrigerator.

Another popular ad that plasters the pages of women's magazines in one for wrinkle cream. One reads, "An exciting

story of a pharmacist who developed a wrinkle cream that woman all over the country are clamoring for." First man discovered fire, then the wheel, and now a wrinkle cream.

Some of the best self improvement ads are for baldness. Now a days all a person has to do to get a good head of hair is rub a strange substance into their scalp every day. As if by magic, new hair will grow instantly.

Wait a minute now, doesn't this sound a little too much like a "Chia Pet?" Who wants a strange, moss-like plant growing from their head? don't you want hair that can be cut, not mowed?

The point to this is simple, no matter how well these products work isn't the issue. What's important here is that they aren't necessary. We've let our own self-consciousness grow into a big business. Besides, how are bald, wrinkled-up, fat people supposed to afford all of these products? When you think about it, none of them are worth using.

It's hip to be hypnotised

by Julie Pollastrini

Hypnosis is generally thought upon as a hoax. You and your friends probably get a big kick out of making fun of it and the people who participate in it. Chances are you don't know much about it. Hypnosis is serious therapy for controlling all sorts of problems.

Hypnosis, according to the *Funk and Wagnalls Dictionary*, is a "trance-like condition that can be artificially induced, characterized by increased responsiveness to suggestion."

Now you might be thinking, "yeah, right, so what?" Did you know that hypnosis can happen all by itself? All those times you were driving down a familiar street and passed up the corner where you were supposed to make that right hand turn you

and caring. When you make a friend, it's for keeps.

Purple is for power. You have a strong personality and you don't mince words. (If you prefer LAVENDER, however, you're quieter and more relaxed.)

Yellow means a sunny, cheerful personality. If you go for the golds, you've got a lively imagination and love to try new things.

Black suggests self-control. You're dig-

were in a hypnosis trance.

According to Josie Hadley and Carol Straudacher's book, *Hypnosis for Change*, this happens because the mind is accustomed to the road and the routine of driving. When you do something that is so familiar, the conscious mind is separated from the subconscious, causing you to fall into a trance.

There are basically two techniques used for hypnotizing someone: the authoritarian and the permissive techniques. The authoritarian technique is guided towards the people who respect the authority figures in their daily life (like a parent or teacher). This technique works well with people who are scientifically orientated. The patient is commanded and directed. Its purpose is to gain control over the subject and change

nified and may hide your emotions.

White is for the innocent. But when used as a background for other colors, it denotes vibrancy.

(And if you're mad for PLAID? I give up!)

Much of what we think about colors is determined by our culture. For example, Americans often associate black with mourning and white with purity, while in India, black is used for weddings and white for funerals.

behavior through repetitious commands.

The permissive technique applies to people who are more creative and imaginative. A softer tone is used to calm the subject into relaxation while using imagery. The language communicates opinions, thoughts, and feelings. It focuses attention on you, your inner experiences, and your body.

People undergo hypnosis for many reasons. Hypnosis is used to lose weight, stop smoking, reduce stress, treat phobias, boost self-esteem, and improve athletic performance. Hypnosis makes you feel relaxed by reducing your alertness to everyday problems, causing awareness of sensations, and placing you in a trance-like state.

One West Chicago student under went hypnosis to stop smoking. He hasn't smoked since. In fact when he tried to smoke he became violently ill. He does not consider it to be a fraud. Since it proved to be quite successful for him, he has a very positive attitude about hypnosis.

Hypnosis may be only psychological, but many of our problems are psychological too. If hypnosis helps to solve problems, then why do people make jokes and harshly judge those who take part in it. Besides, hypnosis is painless, so how bad can it be?



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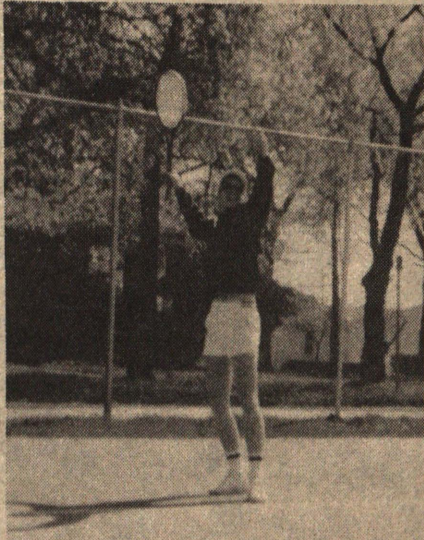
Being a peon for the pros opens doors

by Kathleen Murnane

Concentrated dedication and extra experience can make the difference in any sport. Junior James Koop, varsity tennis player makes his game more of a way of life not just a sport at school.

Koop has played tennis for six years. He now plays all year round and adds "I've dedicated myself these past two years." Wayne Kosek tennis coach considers Koop his number one player. He is ranked within the top three in conference and his current record is 7:3. His season goals are to maintain more wins than losses and rank second in conference. Concerning his high school career in tennis he plans to make finals this year and next year shoot for state.

Koop comments that the conference his team participates in is one of the most competitive nationally. He doesn't take any game lightly because a player can't be judged by his ranking. How they play in the game is all that counts. The biggest opponents to Koop in the conference are a Wheaton North senior transfer Neil Brown, who is nationally ranked and Junior Brad Purper from St. Charles. Koop has already battled Purper and lost by two points. De-



James Koop serves during a recent practice session. Koop has hopes that his practice will pay off, and earn him a trip to state.

pending on how each do up until finals he might escape playing Purper again however

he will be Koop's main challenger next year.

According to Koop, senior Scott Clausen his double partner and him have a good chance to compete at state. It is less likely however, for either one to qualify individually. Koop tries to get the most out of his teammates at practise. He says "If you're arrogant then they will work hard to beat you with 110 percent effort."

The extra activities that accent Koop's game include teaching and being a ballboy for the pros. For the last two summers Koop has taught lessons through West Chicago Park District. Gregg VanDine, another coach of Koop's as well as a friend and co-worker, offered Koop the opportunity of being a ballboy for some professional tennis tournaments in the Chicago area.

In order to be a ballboy you have to tryout and apply. The duties are to keep track of the balls, bounce them to the players, help set up and keep score in some cases. The position is political. For example you have to look confident, carry yourself well, and give a good impression as well as be able to demonstrate the basic skills earlier mentioned.

Ballboys are not paid however, there are a lot of benefits. Free tickets and clothes plus a ten percent discount on equipment or clothing make up for the lack of salary. Since they are right on the court, they also get the best view. Koop says that seeing the game done as perfect as it can be helps his own game.

Koop has worked at a fund raiser exhibition held at the Rosemont Horizon for the "say no to drugs" campaign. It was more of a show than a game when Walter Payton played Carlton Fisk. Boris Becker defeated Evan Lendl in the battle for the gentlemen's unofficial number one world ranking. Koop has also been at the Chicago Volvo men's grand prix and Virginia Slims tournament. He has met and has had pictures taken with other big names such as Jim Connors and Ken Flach. Next year Koop will be the coordinator for the ballboys.

Koop enjoys the challenge that tennis gives him and says "individual sports are one on one, you and the other guy, its all up to you." He eventually would like to attend Northwestern college to study medicine and continue raising a racket.

Upcoming Wildcat sporting events

GIRLS' TRACK

Fri. May 8	DVC at Wheaton N.	TBA	
Fri. May 15	Sectionals	TBA	
Sat. May 16	Sectionals	TBA	
Fri. May 22	State Finals	TBA	
Sat. May 23	State Finals	TBA	10 a.m.

BADMINTON

Sat. May 9	Sectionals	TBA	
Fri. May 15	State Finals	TBA	
Sat. May 16	State Finals	TBA	

BASEBALL

Fri. May 8	Wheaton Central	A	4:30 p.m.
Tues. May 12	Glenbard South	A	4:30 p.m.
Thurs. May 14	Glenbard South	H	4:15 p.m.
Sat. May 16	Naperville North	H	11 a.m.
	Doubleheader		
Mon. May 18	Wheaton North	A	4:30 p.m.
Tues. May 19	Wheaton North	H	4:15 p.m.

Thurs. May 21	Naperville Central	A	4:30 p.m.
Fri. May 22	Naperville Central	H	4:15 p.m.
May 26 - 30	Regionals	TBA	

SOFTBALL

Fri. May 8	Wheaton North	H.	4:15 p.m.
Mon. May 11	Wheaton Central	A	4:30 p.m.
Wed. May 13	Naperville Central	A	4:30 p.m.
Fri. May 15	Glenbard North	A	4:30 p.m.
Mon. May 18	Glenbard East	H	4:15 p.m.
Thurs. May 21	Glenbard South	A	4:30 p.m.
Tues. May 26	Regionals	TBA	

BOYS' TENNIS

Tues. May 12	Glenbard East	H	4 p.m.
Sat. May 16	DVC at Naper. North	A	8 a.m.
Mon. May 18	St. Francis	A	4 p.m.

Fri. May 22	Sectionals	A	4 p.m.
Sat. May 23	Sectionals	TBA	
Thur. May 28	State Finals	TBA	
Fri. May 29	State Finals	TBA	

BOYS' TRACK

Fri. May 8	DuPage County Meet at York	A	10 a.m.
Tues. May 12	DVC Non-Qualifier Meet at Naper. Central	A	6 p.m.
Fri. May 15	DVC Championships at Naperville Central	A	TBA
Mon. May 18	Wheaton N. Soph. Inv.	A	5:30 p.m.
Fri. May 22	Sectional Meet	TBA	
Sat. May 23	Sectional Meet	TBA	
Fri. May 29	State Finals	TBA	

Sports quotes from famous folks

by Marla Jemsek and Melanie Miller

1. "Without him (ex-Bear's coach Buddy Ryan) we don't have much. I feel honored to have been coached by him."

2. "If I'm fired, I'm fired. If I have to I'll drive a cab."

3. "I'm not screaming at them. I encourage them by yelling."

4. "You can't give up on West Chicago. But I don't want to make a habit of falling behind and making miraculous finishes."

5. "People think I'm strange, maybe I think people are strange definately. Imagine someone wanting to pay \$15,000 to have lunch with me? Do you get the salad bar with that."

6. "A certain amount of fan boing is normal. I expect that. I'm no longer an Expo. I'm a Cub, and I play for the opposition."

7. "He was awesome last time (referring to Michael Jordan's 49-point playoff game against Boston.) I don't have a word for today" (referring to the 63-point record setting performance.)

8. "I felt like a pregnant lady. I couldn't throw a slider for a strike, and everything was hanging the first few innings." This was said after the Brewers tenth win this year.

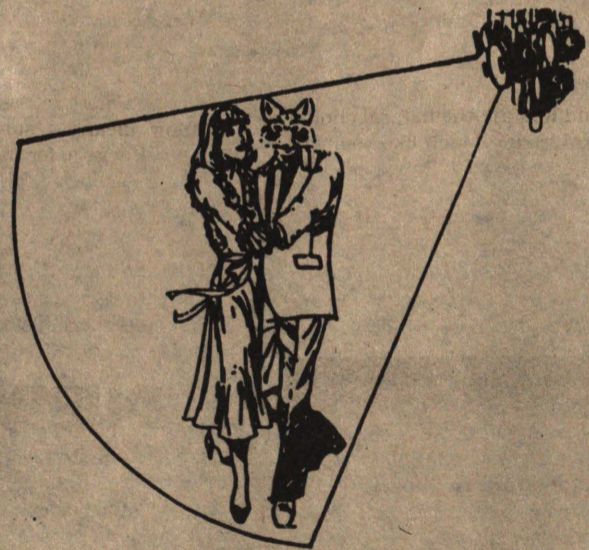
9. "Maybe he's God disguised as Michael Jordan."

10. "He got how many? Let me see that stat sheet." (Said after Michael Jordan scored 63-points in the playoff game at Boston last season.)

- Larry Bird
- K.C. Jones
- Andre Dawson
- Mike Ditka
- Orlando Woolridge
- Kim Wallner
- Juan Nieves
- Lee MacIejewski
- Mike Singletary
- Jim McMahon

Answers

- (1) Mike Singletary (2) Mike Ditka (3) Kim Wallner (4) Lee MacIejewski (5) Jim McMahon (6) Andre Dawson (7) K.C. Jones (8) Juan Nieves (9) Larry Bird (10) Orlando Woolridge



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Same last name different numbers

by Sara Langelier

Many of us know that siblings are often rivals for attention in the family. Most of us have probably been through the experience of sibling rivalry in families before. How do brothers and sisters feel about sibling rivalry in sports?

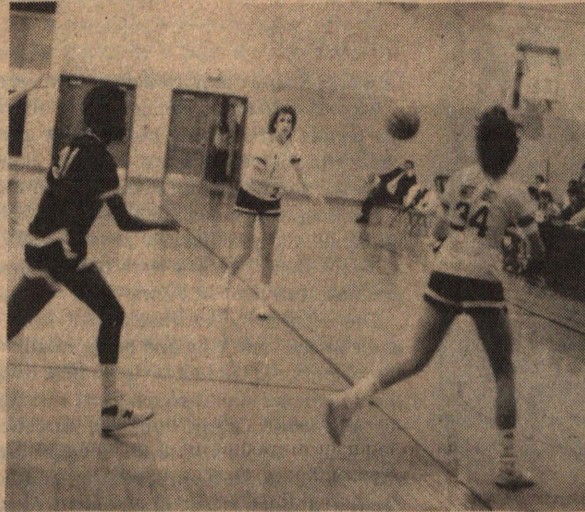
Sophomore Jane Ebenroth said that having two older brothers, John and Joe, involved in sports, influenced her to get involved also. Jane said both of her brothers encourage her and give her support. When asked if they made her more competitive she said, "They definitely made me more competitive. However, I think everybody involved in sports wants to be better than others and I am the same way."

Junior Cory Satterfield, also has an older brother, Blair involved in sports. Cory says it is easier to play in the same sport as his brother because it gives him the incentive, he needs to do better. When Cory was asked if his older brother puts pressure on him to do better he said, "He encourages me to improve. Sometimes I like the pressure because it makes me work harder."

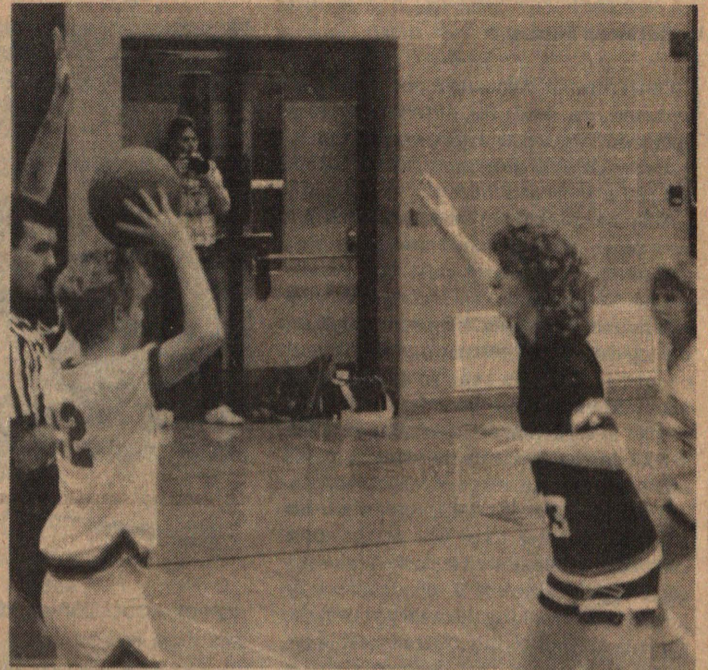
Senior Jim Recchia considers it a disadvantage to play basketball which his older brother Bill also played. Bill was the all-time leading scorer at We-go and the DuPage Valley Conference. Jim does not like the pressure put on him because of this, "I feel much pressure to perform to his level, and I just can't do it. Sometimes after a game when we shake hands an opposing coach will say 'tell your brother I said hi'. I wanted to make them remember the name Jim Recchia instead of Bill, but I don't think it worked."

Junior Rebecca Rivan, has an older sister, Jenifer who played volleyball and basketball just like her. When asked how she felt about playing the same sports as her sister she replied, "One of the best experiences in my life was starting on the same basketball team as my sister." Jenifer did not make her feel pressured at all. "The better we both were the better the team was, so any competitiveness between us helped the team." Rebecca feels that having a sister involved in sports made it easier for her.

Having a sibling in a sport seems to have a different effect on different people. Pressure is felt, but it helps to make the athletes work harder. Feelings felt between siblings seem to be both positive and negative.



ABOVE: Jennifer Rivan passes to Cheryl Bestler during a game last year. ABOVE RIGHT: Rebecca Rivan plays defense during a game this season. Both Rivan sisters started on the same basketball team during the 1985-86 season. BELOW: Bill Recchia battles for a rebound against Geneva during his career at We-go.



ABOVE: Jim Recchia brings up the ball during a game against Naperville North. Jim has found it hard to fill his brother's shoes.

But that's the way the game goes

by Kathy Beedle and Shannon Casey

Athletics today - a challenge, an honor, a dedication, but also a risk. Student athletes that participate in sports know and understand certain injury risks involved while playing.

What do coaches do to prevent those injuries? When asked, almost every coach agreed some form of warm-ups or stretching exercises are necessary in order to prevent injured and strained muscles. Depending upon the sport, the proper techniques, and skills are necessary for safety.

Here at West Chicago, football has the highest recorded injury rate. "Players are taught to breathe right," according to student trainer Brian King.

According to USA Today Sports 62 percent of all football injuries occurred during practice, and 38 percent during games. In 74.9 percent injuries, a player was back in action in seven or fewer days.

The study found that 97 injuries of 6,544 required surgery and 67 were knee injuries. These facts contradicted with those at West Chicago where, "Most injuries were minor, and to the knees and ankles of athletes," said King.

How do the athletes react to these injuries? According to senior John Ebenroth. "The team cannot perform to its full potential, and it keeps the athlete out the majority of the season. If he/she does return they cannot play up to their full ability." In another view of this issue sophomore Dave Sirovatka said "If an important member of the team gets hurt it takes the spirit out of the whole team." How do coaches react to these injuries? Soccer coach Steve Kimery, commented "There's not a real big problem if you know who your back-ups are."

In the prevention of many injuries most athletes go to the trainer to be taped, wrapped, iced, or whatever. Some athletes

even purchase their own and do it themselves.

The ups and downs that go along with athletic participation are dealt with by every athlete and coach. The contact sports, such as football, basketball, and wrestling are where studies show to be the highest risk of injury. With proper knowledge of techniques, good coaching, talent, and prevention, many injuries can be avoided.

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